



224 canyon Ave, Suite 207
Fort Collins, CO 80521
ph:(970) 484-3633 ext. 315

Parent/Guardian information about gear (No Barriers has many of these items available to loan out, so please contact us if you are unable to fulfill this list

Packing List

We strongly suggest that you pack with your camper, regardless of age. Make sure your campers name is on everything, absolutely everything they bring to camp!

Packing List for Kids @ Heart (each trip will have a customized list provided)

Clothing:

- ___ T- Shirts (# for a daily change)
- ___ 1-2 pairs of shorts
- ___ 1 pairs of pants
- ___ pairs of socks (# for a daily change)
- ___ Sweatshirt or fleece top
- ___ Pajamas/Sleepwear
- ___ Hat with brim
- ___ Hiking shoes/boots
- ___ Closed toed shoes (tennis, etc)
- ___ Rain Coat or Poncho

Toiletries

- ___ Tooth brush
- ___ Toothpaste
- ___ Sunscreen
- ___ Towel and washcloth
- ___ Feminine hygiene products (if applicable)
- ___ Comb or brush
- ___ Insect Repellant
- ___ Toiletry container

Bedding

- ___ Sleeping bag
- ___ Pillow and pillow case

Miscellaneous Gear

- ___ Water bottle**VERY IMPORTANT**
- ___ Backpack/Daypack
- ___ Sunglasses
- ___ Flashlight/headlamp

"Leave at Home" List

- Any medications not on the medical form. (all forms need to be given to the director upon check-in for storage.)
- Ipods/music players/handheld video games
- Cell phones (camp has no service anyways)
- Electronics
- Flip-flops or open toed shoes
- Knives
- Cash
- Weapons
- Alcohol, tobacco or drugs
- Any valuables (jewelry, watches)
- Pets

Please note:

No Barriers has a cache of gear that we are able to loan out to campers. Contact us at Nick.Pellitteri@nobarriersusa.org or 970-484-3633 ext. 315 if you need any help with supplying gear on this list or have questions.